



Press release for Stockport Metros Gala 4th to 6th April 2014

(sent to paper 8th April)

Workington swimmers took to the big stage at the weekend competing in the Stockport Metro Open Meet where for most of the youngsters it was their first time competing at a Level 1 gala in a 50 metre pool. The weekend began on Friday evening with the girls 800 metre and the boys 1500 metre races. 11 year old Hannah Kurzyk was first up swimming a fantastic race to take 3rd place with a new 50m personal best time. Next up was 11 year old Ben Jenkinson and 14 year old Connor Joyce. Both boys put in a stunning performance to get 50m and 25m personal best times with Ben taking first place in his age group and Connor taking 3rd place, both boys earning themselves a new club record along the way. The next two days saw the young swimmers put Workington on the map with some fantastic swims and a number of top 3 places. Connor Joyce took 1st place in the 50 metre breaststroke, 2nd place in the 50 and 100 metre freestyle where he went on to qualify for the final where he again took 2nd place with a new club record time and 3rd place in the 400 IM, 200Mm breaststroke and the 100Mm breaststroke where he made it into the final and secured a National Qualifying Time. Connor finished the competition by qualifying for the gruelling skins final where against strong competition he fought his way through to eventually bow out in third place. 13 yr old Josh Millburn raced into 2nd place in the 50m breaststroke and 3rd place in the 50M backstroke and put in a number of other strong performances throughout the weekend. 12 yr old Jack Ivison and 11 yr old Ross Hemsley both making their debut appearance at this level put in strong performances to gain new personal best times and remain in the top 10 position in all of their races. Ben Jenkinson who turned 11 the day before the competition stormed into 2nd place in the 400IM, 200freestyle and 100 backstroke and 3rd place in the 100 and 400m freestyle and 200 IM. For the girls 12 yr old Abbie Winstanley also racing for the first time at this level; showed off her strongest stroke as she came an impressive 2nd and 3rd place in the 50, 100 and 200M breaststroke with new personal best times. 11 yr old Hannah Kurzyk showed no first time nerves at this level as she competed in all the distance races coming in 2nd place in the 400IM and 3rd place in the 400M freestyle with very impressive personal best times. She put in a number of other strong swims throughout the weekend to improve on her personal best times. The club are now training hard for the North West Regional Competition in May.