

2016 Workington President's Gala

Session 4 results

EVENT 020 Girls 09 Yrs/Over 400m Freestyle

09 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time					
1.	Jaya Sparshott	9	Copeland ASC	7:12.35					
	50m 49.21	100m 1:45.77	150m 2:41.87	200m 3:38.30	250m 4:34.04	300m 5:29.26	350m 6:24.72	400m 7:12.35	
2.	Sophie Oliver	9	Barrow ASC	7:17.11					
	50m 51.86	100m 1:48.43	150m 2:44.76	200m 3:41.81	250m 4:37.34	300m 5:33.79	350m 6:30.42	400m 7:17.11	
3.	Katelyn Smith-Naylor	9	Copeland ASC	8:12.19					
	50m 53.77	100m 1:55.99	150m 2:58.99	200m 4:03.06	250m 5:04.99	300m 6:08.82	350m 7:13.04	400m 8:12.19	

10 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time					
1.	Emily Allison	10	Workington SC	6:51.22					
	50m 47.07	100m 1:38.39	150m 2:30.28	200m 3:21.68	250m 4:14.40	300m 5:07.92	350m 5:57.80	400m 6:51.22	

11 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time					
1.	Lily Smith	11	Barrow ASC	5:20.81					
	50m 34.12	100m 1:13.35	150m 1:54.54	200m 2:35.97	250m 3:17.04	300m 3:58.35	350m 4:41.12	400m 5:20.81	
2.	Naomi Ward	11	Carlisle Aquatics	5:23.26					
	50m 35.87	100m 1:15.45	150m 1:57.03	200m 2:38.49	250m 3:20.37	300m 4:02.81	350m 4:44.73	400m 5:23.26	
3.	Eliza Nicholson	11	Cockermouth SC	5:31.69					
	50m 37.01	100m 1:18.74	150m 2:00.90	200m 2:43.53	250m 3:25.84	300m 4:08.35	350m 4:51.12	400m 5:31.69	
4.	Amelia Bell	11	Carlisle Aquatics	5:32.42					
	50m 36.73	100m 1:19.07	150m 2:01.67	200m 2:43.75	250m 3:26.35	300m 4:09.87	350m 4:52.18	400m 5:32.42	
5.	Stefanie Kelly	11	Penrith SC	6:15.66					
	50m 37.64	100m 1:21.57	150m 2:10.05	200m 2:59.71	250m 3:48.94	300m 4:38.71	350m 5:27.58	400m 6:15.66	

12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time					
1.	Maddison Tuer	12	Workington SC	5:06.26					
	50m 33.70	100m 1:12.19	150m 1:51.45	200m 2:30.37	250m 3:09.93	300m 3:49.92	350m 4:29.14	400m 5:06.26	
2.	Shannon Parker	12	Ulverston SC	5:06.62					
	50m 34.00	100m 1:12.06	150m 1:51.71	200m 2:31.01	250m 3:10.48	300m 3:50.12	350m 4:29.48	400m 5:06.62	
3.	Megan Sibbald	12	Workington SC	5:18.20					
	50m 36.33	100m 1:15.57	150m 1:56.65	200m 2:37.88	250m 3:19.32	300m 4:01.14	350m 4:41.46	400m 5:18.20	
4.	Lucy Mooney	12	Workington SC	5:37.64					
	50m 37.30	100m 1:18.71	150m 2:01.54	200m 2:44.93	250m 3:28.00	300m 4:12.94	350m 4:55.24	400m 5:37.64	
5.	Keisha Pettigrew	12	Copeland ASC	5:41.51					
	50m 38.60	100m 1:22.63	150m 2:06.71	200m 2:48.90	250m 3:33.33	300m 4:18.28	350m 5:01.61	400m 5:41.51	
6.	Maisie Allonby	12	Ulverston SC	5:46.01					
	50m 37.13	100m 1:19.45	150m 2:02.51	200m 2:46.74	250m 3:31.48	300m 4:16.88	350m 5:02.40	400m 5:46.01	
7.	Fleur Wood	12	Barrow ASC	5:56.52					
	50m 40.04	100m 1:24.42	150m 2:10.23	200m 2:54.80	250m 3:41.31	300m 4:28.03	350m 5:13.20	400m 5:56.52	
8.	Mia Sandham	12	Workington SC	6:07.70					
	50m 40.79	100m 1:27.39	150m 2:14.25	200m 3:00.63	250m 3:48.17	300m 4:34.97	350m 5:21.40	400m 6:07.70	
9.	Rebecca Salton	12	Ulverston SC	6:17.15					
	50m 39.34	100m 1:25.29	150m 2:12.65	200m 3:01.16	250m 3:50.18	300m 4:39.95	350m 5:28.99	400m 6:17.15	
10.	Freya Connor	12	Cockermouth SC	6:25.48					
	50m 40.71	100m 1:26.68	150m 2:15.33	200m 3:04.98	250m 3:55.49	300m 4:47.43	350m 5:38.04	400m 6:25.48	
11.	Isobel Chamberlain	12	Cockermouth SC	6:38.80					
	50m 45.04	100m 1:33.52	150m 2:24.55	200m 3:16.49	250m 4:08.91	300m 5:00.77	350m 5:52.16	400m 6:38.80	
12.	Emily Turner	12	Ulverston SC	6:50.06					
	50m 45.97	100m 1:37.39	150m 2:30.35	200m 3:23.77	250m 4:17.23	300m 5:11.23	350m 6:04.23	400m 6:50.06	
	Hannah Wren	12	Copeland ASC	DNC					

13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time					
1.	Hannah Clifton	13	Workington SC	5:02.57					
	50m 32.64	100m 1:09.25	150m 1:47.55	200m 2:26.43	250m 3:05.76	300m 3:45.37	350m 4:24.57	400m 5:02.57	
2.	Lucy Wilson	13	Workington SC	5:55.90					
	50m 38.91	100m 1:22.52	150m 2:07.61	200m 2:52.97	250m 3:38.48	300m 4:24.56	350m 5:10.70	400m 5:55.90	
3.	Daniele Browne	13	Barrow ASC	6:01.71					
	50m 40.55	100m 1:26.11	150m 2:12.71	200m 2:59.25	250m 3:45.92	300m 4:32.39	350m 5:18.79	400m 6:01.71	
4.	Olivia Fearon	13	Cockermouth SC	6:06.54					
	50m 39.70	100m 1:25.87	150m 2:12.75	200m 2:58.94	250m 3:46.10	300m 4:32.92	350m 5:20.51	400m 6:06.54	

14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time					
1.	Abbie Winstanley	14	Workington SC	4:44.79					
	50m 31.71	100m 1:07.50	150m 1:43.97	200m 2:20.30	250m 2:57.27	300m 3:34.05	350m 4:10.54	400m 4:44.79	
2.	Elizabeth Adams	14	Cockermouth SC	5:01.51					
	50m 34.17	100m 1:11.37	150m 1:49.81	200m 2:28.67	250m 3:07.23	300m 3:45.72	350m 4:24.53	400m 5:01.51	
3.	Zara Postlethwaite	14	Cockermouth SC	5:14.33					
	50m 33.76	100m 1:12.92	150m 1:53.26	200m 2:33.71	250m 3:13.63	300m 3:54.54	350m 4:35.50	400m 5:14.33	
4.	Neve Richardson	14	Copeland ASC	5:31.65					
	50m 35.80	100m 1:15.83	150m 1:57.34	200m 2:39.74	250m 3:23.37	300m 4:06.89	350m 4:50.31	400m 5:31.65	
5.	Lara Cogan	14	Carlisle Aquatics	5:54.09					
	50m 39.11	100m 1:23.13	150m 2:09.13	200m 2:54.32	250m 3:39.83	300m 4:25.05	350m 5:11.75	400m 5:54.09	

15 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time					
1.	Eleanor Nanson	17	Cockermouth SC	4:57.24					
	50m 34.05	100m 1:10.80	150m 1:48.41	200m 2:26.22	250m 3:03.69	300m 3:41.59	350m 4:19.68	400m 4:57.24	

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EVENT 021 Boys 09 Yrs/Over 200m IM

09 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50	100	150
1.	Robert Huggon	9	Carlisle Aquatics	3:18.08	48.59	1:39.69	2:35.26

10 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50	100	150
1.	Joshua Brown	10	Cockermouth SC	3:05.98	43.65	1:29.66	2:24.21
2.	James Escolme	10	Kendal SC	3:17.29	43.16	1:34.92	2:32.61
3.	Daniel Jesson	10	Barrow ASC	3:25.61	46.90	1:33.83	2:39.55
4.	Charlie Gallagher	10	Barrow ASC	3:28.22	49.34	1:38.63	2:42.81
5.	Joseph Turner	10	Barrow ASC	3:33.27	51.37	1:43.69	2:48.44
6.	Ashton Pharoah	10	Barrow ASC	3:34.46	50.16	1:41.64	2:48.63
7.	Quin Pirie	10	Copeland ASC	3:36.82	47.76	1:45.65	2:50.99
8.	Adam Varey	10	Cockermouth SC	3:55.29	56.95	1:55.14	3:02.41
	Andrew Hudson	10	Workington SC	DQ			

11 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50	100	150
1.	Dylan Hind	11	Cockermouth SC	2:45.99	37.11	1:18.02	2:07.61
2.	Finley Quayle	11	Copeland ASC	3:04.35	40.26	1:29.28	2:21.59
3.	Toby Patton	11	Workington SC	3:04.41	43.85	1:29.46	2:27.17
4.	Daniel Hodgson	11	Cockermouth SC	3:07.66	48.73	1:35.40	2:25.42
5.	Matthew Hall	11	Workington SC	3:24.37	48.95	1:38.05	2:44.51
6.	Luke Atkinson	11	Kendal SC	3:27.54	46.56	1:39.67	2:41.71
7.	Casey Turner	11	Barrow ASC	3:29.80	47.02	1:39.56	2:43.49
8.	Adam Stansfield	11	Kendal SC	3:35.04	48.99	1:43.61	2:48.32

12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50	100	150
1.	Bradley Fell	12	Barrow ASC	2:51.17	37.32	1:19.35	2:11.52
2.	Alex Tallon	12	Kendal SC	2:59.36	40.94	1:25.57	2:18.27
3.	Peter Brown	12	Copeland ASC	3:01.10	39.23	1:26.87	2:23.25
4.	Sam Gallagher	12	Barrow ASC	3:03.82	41.23	1:26.93	2:21.09
	Matthew Minnican	12	Barrow ASC	DNC			
	Luke Watson	12	Workington SC	DQ			

13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50	100	150
1.	Declan Burney	13	Cockermouth SC	2:27.76	33.70	1:11.15	1:54.34
2.	Ben Jenkinson	13	Cockermouth SC	2:29.27	33.92	1:10.03	1:55.87
3.	Samuel Greenbank	13	Cockermouth SC	2:32.62	33.22	1:10.06	1:57.49
4.	Rory Ward	13	Carlisle Aquatics	2:42.31	35.01	1:17.28	2:04.47
5.	Christopher Cowing	13	Carlisle Aquatics	2:47.34	35.98	1:19.37	2:07.99
6.	John Heard	13	Carlisle Aquatics	2:48.77	38.39	1:21.04	2:12.25
7.	Sam Bailey	13	Workington SC	2:49.79	36.96	1:21.48	2:12.40
8.	Matthew Jones	13	Carlisle Aquatics	2:51.67	39.42	1:22.04	2:13.96
9.	Charlie Cooksey	13	Barrow ASC	2:53.72	39.20	1:25.50	2:12.41

14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50	100	150
1.	Luke Jackson	14	Cockermouth SC	2:23.57	31.32	1:07.57	1:50.75
2.	Jack Ivison	14	Cockermouth SC	2:24.51	32.21	1:08.85	1:49.87
3.	William Fidalgo-Hull	14	Cockermouth SC	2:25.58	31.89	1:09.57	1:50.81
4.	Roan Greening	14	Cockermouth SC	2:30.50	33.07	1:09.21	1:57.36
5.	Ross Hemsley	14	Workington SC	2:44.78	33.24	1:15.26	2:05.84

15 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time	50	100	150
1.	Jake Fabi	16	Penrith SC	2:13.73	28.33	1:04.94	1:42.18
2.	Oliver Smith	20	Cockermouth SC	2:13.87	28.38	1:01.39	1:42.02
3.	Elliot Routledge	17	Cockermouth SC	2:17.90	28.96	1:02.66	1:44.87
4.	Jordan Cooley	17	Copeland ASC	2:21.41	28.97	1:04.69	1:49.18
5.	Isaac Hinde	15	Copeland ASC	2:24.58	31.04	1:08.09	1:53.14
6.	Jack Dixon	15	Workington SC	2:29.07	29.56	1:09.56	1:54.27
7.	Jack Edwards	15	Cockermouth SC	2:31.33	33.08	1:11.67	1:56.39
8.	Alexander Nicholson	15	Cockermouth SC	2:34.21	32.15	1:10.37	1:57.89

EVENT 022 Girls 09 Yrs/Over 50m Butterfly

09 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Ellie Wilson	9	Carlisle Aquatics	40.60
2.	Caitlin Padgett	9	Penrith SC	41.76
3.	Imogen Stoker	9	Ulverston SC	44.49
4.	Evelyn Atkinson	9	Kendal SC	57.32

10 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Felicity Boyle	10	Ulverston SC	39.43
2.	Jamie-Leigh Tyson	10	Barrow ASC	39.59
3.	Caitlin Denyer	10	Penrith SC	41.84
4.	Millie Sandham	10	Workington SC	46.06
5.	Jessica Mitchinson	10	Workington SC	48.26
6.	Megan Gerrard	10	Cockermouth SC	49.94
7.	Joley Postlethwaite	10	Barrow ASC	51.00
8.	Erin Boyles	10	Workington SC	51.07
9.	Elise Tallon	10	Kendal SC	51.43
10.	Maisie Enright	10	Copeland ASC	56.57

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11 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Lily Smith	11	Barrow ASC	37.08
2.	Eliza Nicholson	11	Cockermouth SC	39.08
3.	Amelia Bell	11	Carlisle Aquatics	39.13
4.	Amelia Mardel	11	Ulverston SC	39.29
5.	Leah Hannaford	11	Nova Centurion SC	39.53
6.	Alexa Atkinson	11	Workington SC	41.55
7.	Zara Newby	11	Copeland ASC	42.82
8.	Leah Ralph	11	Barrow ASC	46.23
9.	Lily Wilson	11	Barrow ASC	46.38
9.	Scarlett Ashton	11	Cockermouth SC	46.38
11.	Keira Telford	11	Copeland ASC	46.74
12.	Natalie Pinder	11	Kendal SC	47.57
13.	Emma Jones	11	Carlisle Aquatics	48.33
	Harriette Barber	11	Workington SC	DNC
	Rishita Bhuvanagiri	11	Cockermouth SC	DQ
	Ava Gill	11	Copeland ASC	DQ

12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Rebecca Amor	12	Copeland ASC	31.89
2.	Indya Sharp	12	Ulverston SC	34.50
3.	Imami Barker	12	Workington SC	35.70
4.	Caitlin Deegan	12	Kendal SC	36.76
5.	Amiee Fowles	12	Penrith SC	39.46
6.	Ellie Lloyds	12	Penrith SC	40.02
7.	Keisha Pettigrew	12	Copeland ASC	40.31
8.	Sophie Macleod	12	Cockermouth SC	42.53
9.	Alicia Fidalgo-Hull	12	Cockermouth SC	43.94
10.	Fleur Wood	12	Barrow ASC	46.08
11.	Freya Connor	12	Cockermouth SC	48.59
12.	Isobel Chamberlain	12	Cockermouth SC	49.09
	Hannah Wren	12	Copeland ASC	DNC

13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Anna Morrison	13	Ulverston SC	34.25
2.	Lois Postlethwaite	13	Barrow ASC	34.62
3.	Hannah Clifton	13	Workington SC	35.22
4.	Scarlett Morland	13	Barrow ASC	35.82
5.	Evie Jonsson	13	Cockermouth SC	44.68

14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Rebecca Wilson	14	Copeland ASC	31.39
2.	Abbie Winstanley	14	Workington SC	32.43
3.	Zara Postlethwaite	14	Cockermouth SC	34.63
4.	Lucy Stephenson	14	Copeland ASC	36.11
5.	Lara Cogan	14	Carlisle Aquatics	44.99

15 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Nicola Capstick	15	Ulverston SC	30.96
2.	Louisa Sinclair	16	Carlisle Aquatics	32.51

EVENT 023 Boys 09 Yrs/Over 50m Backstroke

09 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Jake Gibson	9	Kendal SC	45.37
2.	Blake Cooksey	9	Barrow ASC	56.06
3.	Ethan Riley	9	Copeland ASC	57.73
4.	Thomas Bowe Adams	9	Cockermouth SC	57.98

10 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Reggie Steele	10	Cockermouth SC	37.63
2.	Joshua Brown	10	Cockermouth SC	39.00
3.	Charlie Gallagher	10	Barrow ASC	40.68
4.	Daniel Jesson	10	Barrow ASC	41.01
5.	Jamie Carney	10	Copeland ASC	42.55
6.	Rhys Jackson	10	Cockermouth SC	42.57
7.	Ashton Pharoah	10	Barrow ASC	44.05
8.	Joseph Turner	10	Barrow ASC	45.34
9.	Dylan Bradburn	10	Workington SC	46.67
10.	Thomas Horton	10	Cockermouth SC	47.96
11.	Jenson Tuer	10	Workington SC	50.85
12.	Adam Varey	10	Cockermouth SC	52.12

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11 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Dylan Hind	11	Cockermouth SC	35.02
2.	Louis Gresswell	11	Carlisle Aquatics	40.70
3.	Matthew Hall	11	Workington SC	40.96
4.	Adam Jones	11	Ulverston SC	42.50
5.	Casey Turner	11	Barrow ASC	42.64
6.	Jack Todhunter	11	Workington SC	47.28
7.	Matthew Reed	11	Workington SC	48.09
8.	Jude Davison	11	Cockermouth SC	48.37
9.	Matthew Hemsley	11	Workington SC	53.49
10.	Ewan Frost	11	Workington SC	55.59
11.	Alexander Shaw	11	Copeland ASC	57.47
	Daniel Hodgson	11	Cockermouth SC	DQ

12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Matthew Minnican	12	Barrow ASC	34.11
2.	Bradley Fell	12	Barrow ASC	35.19
3.	Luke Watson	12	Workington SC	38.12
4.	Sam Gallagher	12	Barrow ASC	38.37
5.	Owen Cogan	12	Carlisle Aquatics	43.32

13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Pierce Greening	13	Cockermouth SC	31.25
2.	Samuel Greenbank	13	Cockermouth SC	31.42
3.	Ben Jenkinson	13	Cockermouth SC	32.16
4.	Luke Pratt	13	Barrow ASC	37.07
5.	Christopher Cowing	13	Carlisle Aquatics	37.58
6.	Evan Holt	13	Cockermouth SC	37.81
7.	Matthew Jones	13	Carlisle Aquatics	37.91
8.	Charlie Cooksey	13	Barrow ASC	40.12
9.	Jack Bailey	13	Workington SC	42.43

14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	William Fidalgo-Hull	14	Cockermouth SC	31.21
2.	Ross Hemsley	14	Workington SC	34.89

15 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Oliver Smith	20	Cockermouth SC	27.77
2.	Jake Fabi	16	Penrith SC	28.42
3.	Elliot Routledge	17	Cockermouth SC	28.61
4.	Jordan Cooley	17	Copeland ASC	29.60
5.	Michael Lynch	25	Workington SC	29.79
6.	Alexander Nicholson	15	Cockermouth SC	31.25
7.	Ben Gilmore	16	Cockermouth SC	32.38
8.	Jack Edwards	15	Cockermouth SC	33.28

EVENT 024 Girls 09 Yrs/Over 200m Backstroke

09 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50	100	150
1.	Emily McDougall	9	Cockermouth SC	3:21.15	45.70	1:37.55	2:31.90
	Sophie Oliver	9	Barrow ASC	DQ			
	Orianne Sharp	9	Ulverston SC	DQ			

10 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50	100	150
1.	Felicity Boyle	10	Ulverston SC	3:02.05	44.67	1:30.63	2:17.64
2.	Millie Sandham	10	Workington SC	3:03.84	43.40	1:30.71	2:19.10
3.	Charlotte Grimshaw	10	Workington SC	3:04.94	43.67	1:31.44	2:19.92
4.	Jamie-Leigh Tyson	10	Barrow ASC	3:09.53	44.82	1:33.17	2:22.42
5.	Annabel Crayston	10	Ulverston SC	3:22.37	47.59	1:38.32	2:32.32
6.	Sophie May White	10	Workington SC	3:24.34	48.40	1:40.34	2:33.89
7.	Emily Allison	10	Workington SC	3:40.07	51.13	1:46.99	-

11 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50	100	150
1.	Naomi Ward	11	Carlisle Aquatics	2:48.39	39.69	1:22.54	2:06.41
2.	Lily Smith	11	Barrow ASC	2:54.69	40.05	1:24.65	2:10.16
3.	Amelia Bell	11	Carlisle Aquatics	2:54.73	42.10	1:27.85	2:12.08
4.	Amelia Mardel	11	Ulverston SC	2:58.00	42.13	1:27.50	2:14.05
5.	Stefanie Kelly	11	Penrith SC	3:12.21	43.86	1:33.47	2:23.78
6.	Leah Ralph	11	Barrow ASC	3:14.33	45.13	1:34.93	2:26.33
7.	Natalie Pinder	11	Kendal SC	3:19.16	46.67	1:37.83	2:29.32

12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50	100	150
1.	Maddison Tuer	12	Workington SC	2:38.16	37.49	1:18.53	1:59.68
2.	Indya Sharp	12	Ulverston SC	2:45.78	38.75	1:21.89	2:04.82
3.	Shannon Parker	12	Ulverston SC	2:48.91	39.32	1:22.55	2:06.99
4.	Caitlin Deegan	12	Kendal SC	2:52.34	38.91	1:22.55	2:07.69
5.	Lucy Mooney	12	Workington SC	2:52.87	40.04	1:24.10	2:10.06
6.	Sophie Macleod	12	Cockermouth SC	2:55.50	42.22	1:26.36	2:11.48
7.	Maisie Allonby	12	Ulverston SC	2:58.67	41.60	1:27.00	2:14.07
8.	Rebecca Salton	12	Ulverston SC	3:09.37	43.89	1:32.64	2:22.44
9.	Isobel Chamberlain	12	Cockermouth SC	3:37.08	50.66	1:47.33	2:45.18
	Hannah Wren	12	Copeland ASC	DNC			
	Imami Barker	12	Workington SC	DQ			

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13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50	100	150
1.	Josie Johnson	13	Kendal SC	2:40.68	37.85	1:19.13	2:00.90
2.	Olivia Fearon	13	Cockermouth SC	3:05.90	42.64	1:30.01	2:18.94
3.	Daniele Browne	13	Barrow ASC	3:16.22	44.57	1:35.73	2:28.13
4.	Lucy Wilson	13	Workington SC	3:19.77	47.03	1:38.37	2:31.31

14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50	100	150
1.	Rebecca Wilson	14	Copeland ASC	2:32.30	35.51	1:14.16	1:54.31
2.	Elizabeth Adams	14	Cockermouth SC	2:44.86	40.15	1:21.71	2:03.95
3.	Lucy Stephenson	14	Copeland ASC	2:45.97	38.43	1:20.59	2:03.85
4.	Neve Richardson	14	Copeland ASC	3:03.00	42.52	1:28.48	2:15.97

15 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time	50	100	150
1.	Eleanor Nanson	17	Cockermouth SC	2:35.39	36.22	1:15.61	1:55.91
2.	Molly Hale	16	Penrith SC	2:48.88	40.52	1:23.59	2:07.08

EVENT 025 Boys 09 Yrs/Over 100m Breaststroke

09 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50
1.	Robert Huggon	9	Carlisle Aquatics	1:45.81	51.51
2.	Blake Cooksey	9	Barrow ASC	2:13.38	1:05.82

10 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50
1.	Joshua Brown	10	Cockermouth SC	1:42.29	49.11
2.	James Escolme	10	Kendal SC	1:45.21	49.58
3.	Jamie Carney	10	Copeland ASC	1:47.18	52.20
4.	Charlie Gallagher	10	Barrow ASC	1:52.89	53.35
5.	Thomas Horton	10	Cockermouth SC	1:54.69	56.52
6.	Joseph Turner	10	Barrow ASC	1:54.75	55.42
7.	Quin Pirie	10	Copeland ASC	1:58.56	57.51
8.	Ashton Pharoah	10	Barrow ASC	2:02.72	58.67
9.	Adam Varey	10	Cockermouth SC	2:03.81	59.95
	Andrew Hudson	10	Workington SC	DQ	

11 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50
1.	Dylan Hind	11	Cockermouth SC	1:28.62	41.93
2.	Daniel Hodgson	11	Cockermouth SC	1:32.55	44.38
3.	Jude Davison	11	Cockermouth SC	1:43.49	48.78
4.	Lloyd Sutton	11	Workington SC	1:48.71	51.11
5.	Luke Atkinson	11	Kendal SC	1:50.36	52.79
6.	Louis Gresswell	11	Carlisle Aquatics	1:51.06	50.31
7.	Adam Jones	11	Ulverston SC	1:51.57	54.14
8.	Casey Turner	11	Barrow ASC	1:54.65	55.10
9.	Matthew Hemsley	11	Workington SC	1:59.86	56.62
10.	Adam Stansfield	11	Kendal SC	2:00.23	56.58
11.	Ewan Frost	11	Workington SC	2:13.43	-

12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50
1.	Bradley Fell	12	Barrow ASC	1:32.26	44.67
2.	Sam Gallagher	12	Barrow ASC	1:40.17	47.15
3.	Luke Watson	12	Workington SC	1:41.07	47.22
4.	Owen Cogan	12	Carlisle Aquatics	1:49.69	52.28

13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50
1.	Declan Burney	13	Cockermouth SC	1:19.92	38.20
2.	Rory Ward	13	Carlisle Aquatics	1:24.61	39.79
3.	Charlie Cooksey	13	Barrow ASC	1:26.32	41.20
4.	Christopher Cowing	13	Carlisle Aquatics	1:30.31	42.76
5.	Sam Bailey	13	Workington SC	1:32.60	44.07
6.	Jack Bailey	13	Workington SC	1:35.00	45.77
7.	Luke Pratt	13	Barrow ASC	1:37.13	45.47

14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50
1.	William Fidalgo-Hull	14	Cockermouth SC	1:14.98	36.05
2.	Luke Jackson	14	Cockermouth SC	1:19.89	37.42
3.	Ross Hemsley	14	Workington SC	1:25.70	40.39

15 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time	50
1.	Luke Reeson	28	Cockermouth SC	1:15.48	34.90
2.	Ben Gilmore	16	Cockermouth SC	1:16.98	36.73
3.	Jack Dixon	15	Workington SC	1:17.25	36.11
4.	Stephen Davison	42	Cockermouth SC	1:19.21	38.37
5.	Alexander Nicholson	15	Cockermouth SC	1:21.54	38.35
6.	Jack Edwards	15	Cockermouth SC	1:21.68	38.04

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EVENT 026 Girls 09 Yrs/Over 100m Freestyle

09 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50
1.	Emily McDougall	9	Cockermouth SC	1:17.77	38.46
2.	Ellie Wilson	9	Carlisle Aquatics	1:17.91	38.28
3.	Imogen Stoker	9	Ulverston SC	1:28.20	41.84
4.	Jaya Sparshott	9	Copeland ASC	1:34.56	46.53
5.	Sophie Oliver	9	Barrow ASC	1:39.12	48.48
6.	Evelyn Atkinson	9	Kendal SC	1:48.32	49.70
7.	Katelyn Smith-Naylor	9	Copeland ASC	1:51.02	51.21

10 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50
1.	Charlotte Grimshaw	10	Workington SC	1:17.28	36.73
2.	Millie Sandham	10	Workington SC	1:24.35	38.89
3.	Poppy Oliver	10	Copeland ASC	1:28.55	42.63
4.	Megan Gerrard	10	Cockermouth SC	1:29.22	42.14
5.	Sophie May White	10	Workington SC	1:29.64	42.33
6.	Joley Postlethwaite	10	Barrow ASC	1:33.37	44.03
7.	Maisie Enright	10	Copeland ASC	1:34.36	45.39
8.	Jessica Mitchinson	10	Workington SC	1:34.98	45.06
9.	Grace Simpson	10	Copeland ASC	1:36.34	43.45
10.	Erin Boyles	10	Workington SC	1:37.85	46.48

11 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50
1.	Amelia Mardel	11	Ulverston SC	1:09.98	33.36
2.	Eliza Nicholson	11	Cockermouth SC	1:13.83	35.38
3.	Amelia Bell	11	Carlisle Aquatics	1:15.17	35.66
4.	Alexa Atkinson	11	Workington SC	1:18.03	37.91
5.	Zara Newby	11	Copeland ASC	1:19.75	39.66
6.	Leah Hannaford	11	Nova Centurion SC	1:21.12	37.75
7.	Leah Ralph	11	Barrow ASC	1:21.94	38.69
8.	Scarlett Ashton	11	Cockermouth SC	1:22.13	39.29
9.	Ava Gill	11	Copeland ASC	1:22.53	39.65
10.	Emma Jones	11	Carlisle Aquatics	1:23.63	39.98
11.	Keira Telford	11	Copeland ASC	1:26.00	41.01
12.	Lily Wilson	11	Barrow ASC	1:26.40	41.03
13.	Natalie Pinder	11	Kendal SC	1:29.91	41.68
	Harriette Barber	11	Workington SC	DNC	

12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50
1.	Maddison Tuer	12	Workington SC	1:07.49	32.64
2.	Shannon Parker	12	Ulverston SC	1:08.08	32.73
3.	Imami Barker	12	Workington SC	1:08.35	33.19
4.	Megan Sibbald	12	Workington SC	1:10.57	34.25
5.	Caitlin Deegan	12	Kendal SC	1:10.81	33.78
6.	Amiee Fowles	12	Penrith SC	1:15.62	36.81
7.	Sophie Macleod	12	Cockermouth SC	1:18.08	37.37
8.	Fleur Wood	12	Barrow ASC	1:18.40	36.97
9.	Alicia Fidalgo-Hull	12	Cockermouth SC	1:20.65	38.98
10.	Rebecca Salton	12	Ulverston SC	1:25.36	39.92
11.	Emily Turner	12	Ulverston SC	1:30.23	43.72
12.	Isobel Chamberlain	12	Cockermouth SC	1:30.33	42.80
13.	Courtney Bales-Riley	12	Workington SC	1:38.85	45.61
	Eve Nelson	12	Cockermouth SC	DNC	
	Hannah Wren	12	Copeland ASC	DNC	

13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50
1.	Hannah Clifton	13	Workington SC	1:05.13	31.32
2.	Lois Postlethwaite	13	Barrow ASC	1:06.95	32.18
3.	Josie Johnson	13	Kendal SC	1:08.05	32.76
4.	Anna Morrison	13	Ulverston SC	1:10.50	32.87
5.	Scarlett Morland	13	Barrow ASC	1:12.65	33.84
6.	Elizabeth Nanson	13	Cockermouth SC	1:14.24	35.99
7.	Niamh Shuttleworth	13	Cockermouth SC	1:15.91	34.28
8.	Rebecca Turner	13	Ulverston SC	1:16.83	36.59
9.	Olivia Fearon	13	Cockermouth SC	1:20.23	37.23
10.	Evie Jonsson	13	Cockermouth SC	1:22.26	38.56

14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50
1.	Rebecca Wilson	14	Copeland ASC	1:01.83	29.64
2.	Abbie Winstanley	14	Workington SC	1:04.54	30.90
3.	Eve Dootson	14	Cockermouth SC	1:04.81	31.09
4.	Zara Postlethwaite	14	Cockermouth SC	1:07.11	32.08
5.	Elizabeth Adams	14	Cockermouth SC	1:08.48	33.19
6.	Lucy Stephenson	14	Copeland ASC	1:11.75	34.42
7.	Neve Richardson	14	Copeland ASC	1:12.39	35.27
8.	Lara Cogan	14	Carlisle Aquatics	1:19.60	38.36

15 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time	50
1.	Louisa Sinclair	16	Carlisle Aquatics	1:08.35	32.82
2.	Molly Hale	16	Penrith SC	1:09.70	33.47
3.	Hanah Pantling	15	Workington SC	1:11.60	34.06

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EVENT 027 Boys 09 Yrs/Over 200m Butterfly

10 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50	100	150
1.	Reggie Steele	10	Cockermouth SC	3:27.25	45.89	1:40.11	2:37.43
2.	Joseph Turner	10	Barrow ASC	4:18.74	57.89	2:04.44	3:11.37

11 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50	100	150
1.	Finley Quayle	11	Copeland ASC	3:32.55	43.87	1:39.84	2:36.20
2.	Casey Turner	11	Barrow ASC	3:59.78	52.82	1:54.69	2:58.70

12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50	100	150
1.	Alex Tallon	12	Kendal SC	3:15.68	43.31	1:33.67	2:25.59

13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50	100	150
1.	Pierce Greening	13	Cockermouth SC	2:25.76	34.02	1:09.81	1:49.18
2.	Evan Holt	13	Cockermouth SC	2:52.84	38.63	1:24.11	2:09.44
3.	John Heard	13	Carlisle Aquatics	3:00.98	39.40	1:27.93	2:14.64

15 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time	50	100	150
1.	Isaac Hinde	15	Copeland ASC	2:22.84	31.25	1:09.35	1:46.48
