

2016 Workington President's Gala

Session 5 results

EVENT 028 Boys 09 Yrs/Over 400m IM

10 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time					
1.	Reggie Steele	10	Cockermouth SC	6:21.91					
	50m 44.07	100m 1:37.64	150m 2:23.67	200m 3:09.85	250m 4:07.30	300m 5:02.73	350m 5:43.81	400m 6:21.91	
2.	Joseph Turner	10	Barrow ASC	7:36.23					
	50m 1:00.34	100m 2:06.36	150m 3:03.11	200m 4:01.31	250m 5:03.92	300m 6:04.79	350m 6:51.72	400m 7:36.23	

11 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time					
1.	Finley Quayle	11	Copeland ASC	6:29.27					
	50m 44.62	100m 1:37.91	150m 2:27.00	200m 3:17.32	250m 4:11.41	300m 5:05.72	350m 5:48.02	400m 6:29.27	
2.	Casey Turner	11	Barrow ASC	7:35.73					
	50m 54.05	100m -	150m 2:53.94	200m 3:51.99	250m 4:58.81	300m 6:05.70	350m 6:51.83	400m 7:35.73	

12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time					
1.	Elliot Sinclair	12	Carlisle Aquatics	5:40.18					
	50m 39.13	100m 1:21.04	150m 2:05.88	200m 2:51.04	250m 3:37.62	300m 4:24.18	350m 5:03.49	400m 5:40.18	
2.	Bradley Fell	12	Barrow ASC	6:04.87					
	50m 39.54	100m 1:28.37	150m 2:13.97	200m 2:59.92	250m 3:51.93	300m 4:44.57	350m 5:25.11	400m 6:04.87	
3.	Alex Tallon	12	Kendal SC	6:13.19					
	50m 41.93	100m 1:32.29	150m 2:17.42	200m 3:04.16	250m 3:56.03	300m 4:49.44	350m 5:31.85	400m 6:13.19	
4.	Peter Brown	12	Copeland ASC	6:23.25					
	50m 42.05	100m 1:32.45	150m 2:20.62	200m 3:09.02	250m 4:06.64	300m 5:04.47	350m 5:45.31	400m 6:23.25	

13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time					
1.	Samuel Greenbank	13	Cockermouth SC	5:23.97					
	50m 33.86	100m 1:14.62	150m 1:53.84	200m 2:34.35	250m 3:23.05	300m 4:11.51	350m 4:48.38	400m 5:23.97	

14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time					
1.	William Fidalgo-Hull	14	Cockermouth SC	5:05.02					
	50m 33.16	100m 1:11.69	150m 1:51.96	200m 2:30.67	250m 3:12.27	300m 3:54.96	350m 4:30.96	400m 5:05.02	

15 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time					
1.	Isaac Hinde	15	Copeland ASC	5:02.67					
	50m 32.91	100m 1:11.13	150m 1:49.48	200m 2:27.58	250m 3:12.27	300m 3:55.44	350m 4:29.87	400m 5:02.67	

EVENT 029 Girls 09 Yrs/Over 100m IM

09 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Ellie Wilson	9	Carlisle Aquatics	1:28.76
2.	Imogen Stoker	9	Ulverston SC	1:39.09
3.	Caitlin Padgett	9	Penrith SC	1:39.38
4.	Orianne Sharp	9	Ulverston SC	1:44.86
5.	Evelyn Atkinson	9	Kendal SC	1:59.08

10 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Jamie-Leigh Tyson	10	Barrow ASC	1:28.25
2.	Felicity Boyle	10	Ulverston SC	1:29.41
3.	Charlotte Grimshaw	10	Workington SC	1:30.45
4.	Caitlin Denyer	10	Penrith SC	1:34.86
5.	Sophie May White	10	Workington SC	1:37.38
6.	Annabel Crayston	10	Ulverston SC	1:38.76
7.	Elise Tallon	10	Kendal SC	1:41.43
8.	Megan Gerrard	10	Cockermouth SC	1:41.75
9.	Millie Sandham	10	Workington SC	1:42.38
10.	Erin Boyles	10	Workington SC	1:45.64
11.	Jessica Mitchinson	10	Workington SC	1:47.93
12.	Emily Allison	10	Workington SC	1:51.07
	Maria Macfadden	10	Copeland ASC	DQ

11 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Naomi Ward	11	Carlisle Aquatics	1:18.65
2.	Amelia Mardel	11	Ulverston SC	1:23.28
3.	Eliza Nicholson	11	Cockermouth SC	1:24.35
4.	Lily Smith	11	Barrow ASC	1:25.24
5.	Amelia Bell	11	Carlisle Aquatics	1:26.26
6.	Leah Hannaford	11	Nova Centurion SC	1:27.20
7.	Alexa Atkinson	11	Workington SC	1:31.46
8.	Scarlett Ashton	11	Cockermouth SC	1:33.35
9.	Lily Wilson	11	Barrow ASC	1:34.44
10.	Leah Ralph	11	Barrow ASC	1:34.58
11.	Ava Gill	11	Copeland ASC	1:34.81
12.	Emma Jones	11	Carlisle Aquatics	1:37.90
13.	Natalie Pinder	11	Kendal SC	1:41.08
14.	Harriette Barber	11	Workington SC	1:41.54

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12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Rebecca Amor	12	Copeland ASC	1:13.88
2.	Indya Sharp	12	Ulverston SC	1:18.70
3.	Talia Holliday	12	Workington SC	1:18.77
4.	Imami Barker	12	Workington SC	1:20.17
5.	Megan Sibbald	12	Workington SC	1:23.39
6.	Lucy Mooney	12	Workington SC	1:25.32
7.	Alicia Fidalgo-Hull	12	Cockermouth SC	1:29.14
8.	Amiee Fowles	12	Penrith SC	1:30.13
9.	Ellie Lloyds	12	Penrith SC	1:31.02
10.	Eve Nelson	12	Cockermouth SC	1:32.32
11.	Sophie Macleod	12	Cockermouth SC	1:33.22
12.	Freya Connor	12	Cockermouth SC	1:33.28
13.	Fleur Wood	12	Barrow ASC	1:34.22
14.	Mia Sandham	12	Workington SC	1:37.60
15.	Chloe Gibson	12	Kendal SC	1:38.03
16.	Isobel Chamberlain	12	Cockermouth SC	1:40.82
17.	Phoebe Reid	12	Copeland ASC	1:42.54

13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Hannah Clifton	13	Workington SC	1:17.80
2.	Scarlett Morland	13	Barrow ASC	1:22.44
3.	Lucy Wilson	13	Workington SC	1:31.90
4.	Olivia Fearon	13	Cockermouth SC	1:32.00
5.	Evie Jonsson	13	Cockermouth SC	1:35.00

14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Rebecca Wilson	14	Copeland ASC	1:12.04
2.	Lucy Stephenson	14	Copeland ASC	1:20.15
3.	Elizabeth Adams	14	Cockermouth SC	1:23.14
4.	Lara Cogan	14	Carlisle Aquatics	1:31.52

15 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Louisa Sinclair	16	Carlisle Aquatics	1:15.46
2.	Molly Hale	16	Penrith SC	1:19.50
3.	Hanah Pantling	15	Workington SC	1:22.01

EVENT 030 Boys 09 Yrs/Over 200m Freestyle

09 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50	100	150
1.	Blake Cooksey	9	Barrow ASC	4:19.25	1:01.46	2:08.34	3:15.90

10 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50	100	150
1.	Rhys Jackson	10	Cockermouth SC	2:43.89	36.48	1:18.31	2:02.02
2.	Joshua Brown	10	Cockermouth SC	2:54.14	39.35	1:24.23	2:10.74
3.	Daniel Jesson	10	Barrow ASC	2:57.60	41.31	1:28.05	2:13.56
4.	Jamie Carney	10	Copeland ASC	3:00.52	42.78	1:30.47	2:17.08
5.	James Escolme	10	Kendal SC	3:00.95	41.24	1:27.99	2:16.17
6.	Charlie Gallagher	10	Barrow ASC	3:03.97	40.10	1:29.50	2:19.01
7.	Joseph Turner	10	Barrow ASC	3:16.57	47.12	1:39.45	2:30.92
8.	Ashton Pharoah	10	Barrow ASC	3:16.66	43.92	1:36.55	2:27.21
9.	Thomas Horton	10	Cockermouth SC	3:24.89	46.92	1:38.87	2:33.08
	Andrew Hudson	10	Workington SC	DNC			

11 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50	100	150
1.	Finley Quayle	11	Copeland ASC	2:40.90	37.12	1:18.03	2:00.13
2.	Toby Patton	11	Workington SC	2:47.40	38.97	1:23.59	2:09.16
3.	Matthew Hall	11	Workington SC	2:51.42	40.14	1:26.64	2:11.95
4.	Daniel Hodgson	11	Cockermouth SC	2:52.24	42.45	1:27.42	2:12.70
5.	Austin Sinclair	11	Carlisle Aquatics	2:56.70	41.18	1:26.64	2:12.96
6.	Luke Atkinson	11	Kendal SC	2:57.75	41.50	1:29.10	2:14.90
7.	Louis Gresswell	11	Carlisle Aquatics	3:02.81	41.62	1:29.78	2:18.18
8.	Jude Davison	11	Cockermouth SC	3:10.93	43.00	1:33.21	2:23.67
9.	Casey Turner	11	Barrow ASC	3:11.94	42.99	1:34.76	2:26.78

12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50	100	150
1.	Matthew Minnican	12	Barrow ASC	2:30.32	34.76	1:14.10	1:53.83
2.	Peter Brown	12	Copeland ASC	2:37.15	36.83	1:18.07	1:59.44
3.	Sam Gallagher	12	Barrow ASC	2:42.53	35.99	1:18.33	2:01.38
4.	Owen Cogan	12	Carlisle Aquatics	3:08.86	42.31	1:31.69	2:20.16

13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50	100	150
1.	Samuel Greenbank	13	Cockermouth SC	2:17.79	31.14	1:06.64	1:42.52
2.	John Heard	13	Carlisle Aquatics	2:29.07	34.46	1:13.57	1:52.60
3.	Sam Bailey	13	Workington SC	2:29.77	34.22	1:12.60	1:52.12
4.	Matthew Jones	13	Carlisle Aquatics	2:30.91	34.41	1:14.12	1:53.88
5.	Luke Pratt	13	Barrow ASC	2:32.49	34.05	1:13.71	1:54.68
6.	Jack Bailey	13	Workington SC	2:32.78	35.23	1:14.92	1:55.61
7.	Christopher Cowing	13	Carlisle Aquatics	2:35.50	34.56	1:15.75	1:57.31
8.	Charlie Cooksey	13	Barrow ASC	2:36.54	36.70	1:16.42	1:57.45

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14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50	100	150
1.	Roan Greening	14	Cockermouth SC	2:11.51	30.74	1:04.84	1:38.99

15 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time	50	100	150
1.	Oliver Smith	20	Cockermouth SC	2:00.92	-	-	-
2.	Isaac Hinde	15	Copeland ASC	2:08.99	29.99	1:03.95	1:38.12
3.	James Amor	15	Copeland ASC	2:09.39	29.89	1:03.44	1:37.19
4.	Jack Edwards	15	Cockermouth SC	2:09.49	29.94	1:02.98	1:37.45
5.	Jack Dixon	15	Workington SC	2:11.68	30.02	1:04.41	1:39.54
6.	Alexander Nicholson	15	Cockermouth SC	2:12.04	29.62	1:03.50	-
7.	Luke Reeson	28	Cockermouth SC	2:14.10	30.50	1:05.01	1:39.99
8.	Ben Gilmore	16	Cockermouth SC	2:15.11	31.82	1:06.53	1:41.56

EVENT 031 Girls 09 Yrs/Over 50m Freestyle

09 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Emily McDougall	9	Cockermouth SC	35.16
2.	Imogen Stoker	9	Ulverston SC	39.45
3.	Caitlin Padgett	9	Penrith SC	40.18
4.	Sophie Oliver	9	Barrow ASC	42.02
5.	Jaya Sparshott	9	Copeland ASC	42.22
6.	Orianne Sharp	9	Ulverston SC	43.49
7.	Pippa Newby	9	Copeland ASC	45.10
8.	Evelyn Atkinson	9	Kendal SC	48.17
9.	Amy Bird	9	Workington SC	52.21
10.	Emily Sibbald	9	Workington SC	52.65
11.	Aimee-Mai Lister	9	Workington SC	1:12.30
	Lily Carter	9	Workington SC	DNC
	Katelyn Smith-Naylor	9	Copeland ASC	DQ

10 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Jamie-Leigh Tyson	10	Barrow ASC	33.60
2.	Felicity Boyle	10	Ulverston SC	34.42
3.	Caitlin Denyer	10	Penrith SC	37.52
4.	Millie Sandham	10	Workington SC	37.78
5.	Joley Postlethwaite	10	Barrow ASC	39.75
6.	Megan Gerrard	10	Cockermouth SC	40.67
7.	Ellie Turnbull	10	Cockermouth SC	42.11
8.	Erin Boyles	10	Workington SC	42.19
9.	Grace Simpson	10	Copeland ASC	42.58
10.	Jessica Mitchinson	10	Workington SC	42.88
11.	Poppy Oliver	10	Copeland ASC	43.30
12.	Emma Wilkinson	10	Cockermouth SC	43.53
13.	Fern McAleavy	10	Workington SC	44.23
14.	Maria Macfadden	10	Copeland ASC	46.31
15.	Alana McConnell	10	Workington SC	47.51

11 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Naomi Ward	11	Carlisle Aquatics	31.60
2.	Amelia Mardel	11	Ulverston SC	32.70
3.	Amelia Bell	11	Carlisle Aquatics	34.37
4.	Zara Newby	11	Copeland ASC	34.45
5.	Eliza Nicholson	11	Cockermouth SC	34.62
6.	Scarlett Ashton	11	Cockermouth SC	36.53
7.	Leah Hannaford	11	Nova Centurion SC	36.92
8.	Leah Ralph	11	Barrow ASC	36.99
9.	Lily Wilson	11	Barrow ASC	37.22
10.	Ava Gill	11	Copeland ASC	37.58
11.	Keira Telford	11	Copeland ASC	38.45
12.	Emma Jones	11	Carlisle Aquatics	38.61
13.	Natalie Pinder	11	Kendal SC	39.57
14.	Harriette Barber	11	Workington SC	39.79
15.	Kira Sooi	11	Workington SC	40.41
16.	Rishita Bhuvanagiri	11	Cockermouth SC	41.24

12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Rebecca Amor	12	Copeland ASC	29.59
2.	Shannon Parker	12	Ulverston SC	30.78
3.	Maddison Tuer	12	Workington SC	31.15
4.	Imami Barker	12	Workington SC	31.32
5.	Caitlin Deegan	12	Kendal SC	31.63
6.	Indya Sharp	12	Ulverston SC	31.73
7.	Maisie Allonby	12	Ulverston SC	32.29
8.	Talia Holliday	12	Workington SC	32.32
9.	Freya Capstick	12	Kendal SC	32.85
10.	Megan Sibbald	12	Workington SC	33.50
11.	Lucy Mooney	12	Workington SC	33.80
12.	Keisha Pettigrew	12	Copeland ASC	34.55
13.	Amiee Fowles	12	Penrith SC	34.81
14.	Eve Nelson	12	Cockermouth SC	34.95
15.	Fleur Wood	12	Barrow ASC	36.33
16.	Ellie Lloyds	12	Penrith SC	36.59
17.	Alicia Fidalgo-Hull	12	Cockermouth SC	36.71
18.	Sophie Macleod	12	Cockermouth SC	36.78
19.	Emily Turner	12	Ulverston SC	39.01
20.	Jennifer Gillon	12	Cockermouth SC	39.22

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21. Isobel Chamberlain	12	Cockermouth SC	39.23
22. Chloe Gibson	12	Kendal SC	39.63
23. Phoebe Reid	12	Copeland ASC	39.91
24. Courtney Bales-Riley	12	Workington SC	43.56

13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Hannah Clifton	13	Workington SC	30.04
2.	Lois Postlethwaite	13	Barrow ASC	30.68
3.	Josie Johnson	13	Kendal SC	30.92
4.	Scarlett Morland	13	Barrow ASC	31.96
5.	Elizabeth Nanson	13	Cockermouth SC	32.92
6.	Niamh Shuttleworth	13	Cockermouth SC	32.96
7.	Rebecca Turner	13	Ulverston SC	34.52
8.	Evie Jonsson	13	Cockermouth SC	38.84

14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Rebecca Wilson	14	Copeland ASC	28.65
2.	Eve Dootson	14	Cockermouth SC	30.59
3.	Zara Postlethwaite	14	Cockermouth SC	31.32
4.	Lucy Stephenson	14	Copeland ASC	32.49
5.	Neve Richardson	14	Copeland ASC	33.73
6.	Lara Cogan	14	Carlisle Aquatics	37.26

15 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Louisa Sinclair	16	Carlisle Aquatics	30.76
2.	Hannah Pantling	15	Workington SC	33.64

EVENT 032 Boys 09 Yrs/Over 100m Backstroke

09 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50
1.	Blake Cooksey	9	Barrow ASC	2:03.82	59.82

10 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50
1.	Joshua Brown	10	Cockermouth SC	1:25.53	42.15
2.	Ethan Allpress	10	Ulverston SC	1:31.11	43.92
3.	Daniel Jesson	10	Barrow ASC	1:31.31	43.89
4.	James Escolme	10	Kendal SC	1:33.48	46.22
5.	Charlie Gallagher	10	Barrow ASC	1:34.80	46.42
6.	Rhys Jackson	10	Cockermouth SC	1:34.88	45.87
7.	Ashton Pharoah	10	Barrow ASC	1:39.87	47.71
8.	Quin Pirie	10	Copeland ASC	1:43.09	50.37
9.	Thomas Horton	10	Cockermouth SC	1:43.50	52.42
10.	Joseph Turner	10	Barrow ASC	1:43.55	50.75
11.	Dylan Bradburn	10	Workington SC	1:44.76	49.96
	Andrew Hudson	10	Workington SC	DNC	
	Jamie Carney	10	Copeland ASC	DQ	

11 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50
1.	Dylan Hind	11	Cockermouth SC	1:16.39	37.30
2.	Toby Patton	11	Workington SC	1:26.14	43.67
3.	Matthew Hall	11	Workington SC	1:27.44	42.76
4.	Daniel Hodgson	11	Cockermouth SC	1:32.57	46.00
5.	Louis Gresswell	11	Carlisle Aquatics	1:33.05	45.41
6.	Luke Atkinson	11	Kendal SC	1:35.96	48.04
7.	Austin Sinclair	11	Carlisle Aquatics	1:36.04	48.16
8.	Adam Jones	11	Ulverston SC	1:36.92	48.23
9.	Casey Turner	11	Barrow ASC	1:38.55	46.98
10.	Adam Stansfield	11	Kendal SC	1:41.20	49.24
11.	Jude Davison	11	Cockermouth SC	1:44.66	53.16
12.	Jack Todhunter	11	Workington SC	1:45.84	50.77

12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50
1.	Matthew Minnican	12	Barrow ASC	1:16.03	37.07
2.	Elliot Sinclair	12	Carlisle Aquatics	1:18.21	38.27
3.	Luke Watson	12	Workington SC	1:22.62	40.45
4.	Sam Gallagher	12	Barrow ASC	1:26.28	42.38
5.	Owen Cogan	12	Carlisle Aquatics	1:31.79	46.33

13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50
1.	Ben Jenkinson	13	Cockermouth SC	1:07.43	33.20
2.	Samuel Greenbank	13	Cockermouth SC	1:07.72	32.68
3.	Declan Burney	13	Cockermouth SC	1:11.09	34.54
4.	Matthew Jones	13	Carlisle Aquatics	1:19.34	38.76
5.	Rory Ward	13	Carlisle Aquatics	1:19.62	38.54
6.	Christopher Cowing	13	Carlisle Aquatics	1:20.83	39.81
7.	Luke Pratt	13	Barrow ASC	1:22.31	39.56
8.	Charlie Cooksey	13	Barrow ASC	1:25.03	41.61
9.	Jack Bailey	13	Workington SC	1:25.84	42.10

14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50
1.	Jack Ivison	14	Cockermouth SC	1:07.28	32.97
2.	Luke Jackson	14	Cockermouth SC	1:08.27	32.90
3.	William Fidalgo-Hull	14	Cockermouth SC	1:08.35	33.53

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15 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time	50
1.	Elliott Routledge	17	Cockermouth SC	1:01.74	29.59
2.	Jake Fabi	16	Penrith SC	1:05.26	31.62
3.	Isaac Hinde	15	Copeland ASC	1:07.92	33.07
4.	Alexander Nicholson	15	Cockermouth SC	1:08.16	33.55
5.	Luke Reeson	28	Cockermouth SC	1:10.37	33.95

EVENT 033 Girls 09 Yrs/Over 200m Breaststroke

09 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50	100	150
1.	Ellie Wilson	9	Carlisle Aquatics	3:35.34	50.83	1:47.52	2:44.09
2.	Emily McDougall	9	Cockermouth SC	3:40.44	52.42	1:49.32	2:46.65
3.	Sophie Oliver	9	Barrow ASC	4:04.50	59.14	2:01.70	3:05.10
4.	Jaya Sparshott	9	Copeland ASC	4:38.34	1:05.51	2:16.32	3:26.75
5.	Katelyn Smith-Naylor	9	Copeland ASC	4:54.11	1:06.35	2:24.96	3:40.68

10 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50	100	150
1.	Felicity Boyle	10	Ulverston SC	3:31.76	49.49	1:45.40	2:39.33
2.	Charlotte Grimshaw	10	Workington SC	3:42.78	51.29	1:48.77	2:46.32
3.	Annabel Crayston	10	Ulverston SC	3:55.72	54.58	1:54.26	2:57.21
4.	Elise Tallon	10	Kendal SC	3:57.78	56.23	1:57.81	2:59.56
5.	Ellie Turnbull	10	Cockermouth SC	4:00.34	53.86	1:55.38	2:59.51
6.	Erin Boyles	10	Workington SC	4:03.46	58.33	2:01.80	3:05.15
7.	Millie Sandham	10	Workington SC	4:08.74	56.04	2:00.79	3:05.21
8.	Emily Allison	10	Workington SC	4:13.90	1:00.27	2:04.48	3:10.00
9.	Maria Macfadden	10	Copeland ASC	4:25.89	59.64	2:08.69	3:18.61
	Sophie May White	10	Workington SC	DQ			

11 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50	100	150
1.	Eliza Nicholson	11	Cockermouth SC	3:03.13	42.92	1:30.33	2:18.10
2.	Amelia Mardel	11	Ulverston SC	3:19.02	46.35	1:36.66	2:29.82
3.	Alexa Atkinson	11	Workington SC	3:29.32	48.00	1:41.38	2:37.36
4.	Lily Smith	11	Barrow ASC	3:38.77	50.19	1:45.71	2:42.84
5.	Lily Wilson	11	Barrow ASC	3:49.22	53.78	1:53.56	2:53.48
6.	Leah Ralph	11	Barrow ASC	3:51.63	54.34	1:54.16	2:54.76
7.	Scarlett Ashton	11	Cockermouth SC	3:56.12	53.86	1:55.96	2:56.96

12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50	100	150
1.	Maddison Tuer	12	Workington SC	3:00.93	41.31	1:27.60	2:15.93
2.	Indya Sharp	12	Ulverston SC	3:09.48	43.75	1:32.44	2:21.58
3.	Alicia Fidalgo-Hull	12	Cockermouth SC	3:12.01	45.72	1:35.14	2:24.75
4.	Imami Barker	12	Workington SC	3:15.77	45.08	1:35.04	2:26.70
5.	Talia Holliday	12	Workington SC	3:16.28	44.11	1:35.20	2:26.20
6.	Shannon Parker	12	Ulverston SC	3:18.85	45.70	1:37.31	2:29.95
7.	Freya Capstick	12	Kendal SC	3:19.24	44.01	1:34.81	2:28.18
8.	Megan Sibbald	12	Workington SC	3:19.64	45.40	1:36.36	2:29.39
9.	Maisie Allonby	12	Ulverston SC	3:22.66	44.80	1:36.30	2:30.50
10.	Freya Connor	12	Cockermouth SC	3:36.94	47.59	1:43.27	2:40.12
11.	Mia Sandham	12	Workington SC	3:39.33	51.48	1:49.32	2:44.12
	Isobel Chamberlain	12	Cockermouth SC	DQ			

13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50	100	150
1.	Olivia Fearon	13	Cockermouth SC	3:31.94	48.01	1:42.05	2:36.88
2.	Scarlett Morland	13	Barrow ASC	3:33.21	46.26	1:41.52	2:37.93
3.	Lucy Wilson	13	Workington SC	3:33.57	49.41	1:44.41	2:40.65
4.	Elizabeth Nanson	13	Cockermouth SC	3:43.02	50.42	1:49.11	2:49.56
5.	Evie Jonsson	13	Cockermouth SC	3:43.37	52.37	1:49.29	2:46.48

14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50	100	150
1.	Abbie Winstanley	14	Workington SC	2:49.30	39.51	1:23.75	2:08.00
2.	Elizabeth Adams	14	Cockermouth SC	3:14.28	43.73	1:31.91	2:23.18
3.	Neve Richardson	14	Copeland ASC	3:26.11	46.33	1:40.80	2:33.59
4.	Lara Cogan	14	Carlisle Aquatics	3:26.33	47.83	1:40.95	2:34.90
	Eve Dootson	14	Cockermouth SC	DQ			

15 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time	50	100	150
1.	Molly Hale	16	Penrith SC	3:01.37	40.61	1:26.65	2:13.65

EVENT 034 Boys 09 Yrs/Over 50m Breaststroke

09 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Jake Gibson	9	Kendal SC	53.52
2.	Joshua McAllister	9	Workington SC	53.74
3.	Thomas Bowe Adams	9	Cockermouth SC	1:00.18
	Blake Cooksey	9	Barrow ASC	DQ

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Session 5 results

10 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Joshua Brown	10	Cockermouth SC	47.88
2.	Jamie Carney	10	Copeland ASC	48.15
3.	Charlie Gallagher	10	Barrow ASC	50.51
4.	Ashton Pharoah	10	Barrow ASC	53.29
5.	Thomas Horton	10	Cockermouth SC	55.17
6.	Joseph Turner	10	Barrow ASC	55.51
7.	Daniel Jesson	10	Barrow ASC	59.31
8.	Jenson Tuer	10	Workington SC	1:03.30
	Andrew Hudson	10	Workington SC	DNC

11 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Dylan Hind	11	Cockermouth SC	40.16
2.	Daniel Hodgson	11	Cockermouth SC	43.97
3.	Jude Davison	11	Cockermouth SC	47.64
4.	Louis Gresswell	11	Carlisle Aquatics	47.86
5.	Lloyd Sutton	11	Workington SC	50.23
6.	Austin Sinclair	11	Carlisle Aquatics	50.43
7.	Adam Jones	11	Ulverston SC	50.67
8.	Casey Turner	11	Barrow ASC	52.94
9.	Adam Stansfield	11	Kendal SC	53.93
10.	Matthew Hemsley	11	Workington SC	54.01
11.	Joseph Reed	11	Workington SC	56.45
12.	Matthew Reed	11	Workington SC	57.54
13.	Jack Todhunter	11	Workington SC	58.21
14.	Ewan Frost	11	Workington SC	1:04.37

12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Luke Watson	12	Workington SC	44.71
2.	Sam Gallagher	12	Barrow ASC	45.74
3.	Owen Cogan	12	Carlisle Aquatics	52.20

13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Pierce Greening	13	Cockermouth SC	35.00
2.	Declan Burney	13	Cockermouth SC	37.10
3.	Ben Jenkinson	13	Cockermouth SC	38.64
4.	Charlie Cooksey	13	Barrow ASC	39.76
5.	Rory Ward	13	Carlisle Aquatics	39.83
6.	Christopher Cowing	13	Carlisle Aquatics	42.30
7.	Sam Bailey	13	Workington SC	42.81
8.	John Heard	13	Carlisle Aquatics	43.69
9.	Matthew Jones	13	Carlisle Aquatics	44.23
10.	Luke Pratt	13	Barrow ASC	44.66
11.	Jack Bailey	13	Workington SC	44.86

14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Jack Ivison	14	Cockermouth SC	34.40
2.	William Fidalgo-Hull	14	Cockermouth SC	35.36
3.	Luke Jackson	14	Cockermouth SC	37.07
4.	Roan Greening	14	Cockermouth SC	37.66

15 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Jake Fabi	16	Penrith SC	33.97
2.	Jordan Cooley	17	Copeland ASC	34.58
3.	Luke Reeson	28	Cockermouth SC	34.82
4.	Stephen Davison	42	Cockermouth SC	35.58
5.	Jack Dixon	15	Workington SC	35.66
6.	Ben Gilmore	16	Cockermouth SC	36.02
7.	Jack Edwards	15	Cockermouth SC	36.08
8.	Alexander Nicholson	15	Cockermouth SC	37.19

EVENT 035 Girls 09 Yrs/Over 100m Butterfly

10 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50
1.	Charlotte Grimshaw	10	Workington SC	1:39.46	45.66
2.	Jessica Mitchinson	10	Workington SC	1:55.04	54.38

11 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50
1.	Eliza Nicholson	11	Cockermouth SC	1:25.47	40.19
2.	Naomi Ward	11	Carlisle Aquatics	1:29.94	40.24
3.	Scarlett Ashton	11	Cockermouth SC	1:54.64	51.99
	Lily Wilson	11	Barrow ASC	DNC	

12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50
1.	Rebecca Amor	12	Copeland ASC	1:15.43	35.98
2.	Caitlin Deegan	12	Kendal SC	1:25.00	38.68
3.	Freya Capstick	12	Kendal SC	1:27.70	41.40
4.	Imami Barker	12	Workington SC	1:28.87	41.89
5.	Talia Holliday	12	Workington SC	1:29.53	40.62
6.	Ellie Lloyds	12	Penrith SC	1:31.48	41.89
7.	Keisha Pettigrew	12	Copeland ASC	1:37.44	46.13

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Session 5 results

13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50
1.	Hannah Clifton	13	Workington SC	1:18.64	35.95
2.	Josie Johnson	13	Kendal SC	1:19.33	37.27

14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50
1.	Lucy Stephenson	14	Copeland ASC	1:23.87	37.95

15 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time	50
1.	Louisa Sinclair	16	Carlisle Aquatics	1:11.68	34.87
