

# President Gala Session - 1 at Workington Leisure Centre

## EVENT 1 Boy/Girl 09 Yrs/Over 1500m Free.

### BOYS 12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt			
1.	James Farnan	12	lo Man	19:54.69	357			
	50m 33.70	100m 1:12.25	150m 1:52.12	200m 2:31.60	250m 3:12.31	300m 3:53.23	350m 4:34.03	400m 5:14.48
	450m 5:55.25	500m 6:35.11	550m 7:16.16	600m 7:56.22	650m 8:35.61	700m 9:15.92	750m 9:55.25	800m 10:35.91
	850m 11:16.01	900m 11:56.44	950m 12:37.33	1000m 13:17.69	1050m 13:57.52	1100m 14:37.50	1150m 15:17.85	1200m 15:58.48
	1250m 16:38.79	1300m 17:18.94	1350m 17:59.45	1400m 18:38.49	1450m 19:18.19	1500m 19:54.69		

### BOYS 13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt			
1.	Max Henderson	13	Cockermouth	17:57.21	487			
	50m -	100m -	150m -	200m -	250m -	300m -	350m -	400m -
	450m -	500m -	550m -	600m -	650m -	700m -	750m -	800m -
	850m -	900m -	950m -	1000m -	1050m -	1100m -	1150m -	1200m -
	1250m -	1300m -	1350m -	1400m -	1450m -	1500m 17:57.21		

### BOYS 15 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt			
1.	Jackson Jardine	15	Copeland	17:26.39	532			
	50m 30.36	100m 1:03.61	150m 1:38.15	200m 2:12.83	250m 2:47.89	300m 3:23.20	350m 3:57.89	400m 4:33.37
	450m 5:08.10	500m 5:43.36	550m 6:18.96	600m 6:54.05	650m 7:29.56	700m 8:04.90	750m 8:39.87	800m 9:14.93
	850m 9:49.74	900m 10:24.68	950m 10:59.67	1000m 11:35.07	1050m 12:10.12	1100m 12:45.61	1150m 13:20.65	1200m 13:56.24
	1250m 14:31.38	1300m 15:07.17	1350m 15:42.89	1400m 16:18.68	1450m 16:54.16	1500m 17:26.39		
2.	Hayden Sole	15	Preston	18:16.25	462			
	50m 30.38	100m 1:04.26	150m 1:39.53	200m 2:14.77	250m 2:50.96	300m 3:26.89	350m 4:03.23	400m 4:39.66
	450m 5:16.17	500m 5:52.86	550m 6:30.15	600m 7:06.95	650m 7:44.03	700m 8:21.04	750m 8:58.48	800m 9:35.72
	850m 10:12.86	900m 10:50.24	950m 11:27.67	1000m 12:04.86	1050m 12:42.22	1100m 13:19.50	1150m 13:56.95	1200m 14:34.29
	1250m 15:11.66	1300m 15:49.21	1350m 16:26.56	1400m 17:04.20	1450m 17:40.88	1500m 18:16.25		
3.	Adam Stansfield	17	Kendal	19:00.43	411			
	50m -	100m -	150m -	200m -	250m -	300m -	350m -	400m -
	450m -	500m -	550m -	600m -	650m -	700m -	750m -	800m -
	850m -	900m -	950m -	1000m -	1050m -	1100m -	1150m -	1200m -
	1250m -	1300m -	1350m -	1400m -	1450m -	1500m 19:00.43		

### GIRLS 12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt			
1.	Henrietta Chick	12	Wrekin SC	18:58.89	523			
	50m 33.32	100m 1:10.88	150m 1:50.56	200m 2:28.97	250m 3:06.82	300m 3:45.73	350m 4:23.39	400m 5:02.01
	450m 5:40.97	500m 6:19.03	550m 6:58.02	600m 7:35.98	650m 8:14.73	700m 8:53.32	750m 9:31.33	800m 10:09.20
	850m 10:47.34	900m 11:25.91	950m 12:04.48	1000m 12:42.76	1050m 13:20.47	1100m 13:59.12	1150m 14:37.38	1200m 15:15.60
	1250m 15:52.73	1300m 16:31.03	1350m 17:09.54	1400m 17:47.67	1450m 18:25.41	1500m 18:58.89		
2.	Annabelle Rogan	12	Hoylake	19:31.77	480			
	50m 33.09	100m 1:10.30	150m 1:48.96	200m 2:27.96	250m 3:07.10	300m 3:46.21	350m 4:25.50	400m 5:04.81
	450m 5:43.91	500m 6:23.79	550m 7:03.42	600m 7:42.58	650m 8:22.13	700m 9:01.73	750m 9:41.62	800m 10:21.31
	850m 11:01.12	900m 11:41.03	950m 12:20.78	1000m 13:00.70	1050m 13:40.16	1100m 14:19.63	1150m 14:59.42	1200m 15:39.05
	1250m 16:18.61	1300m 16:58.16	1350m 17:37.38	1400m 18:16.67	1450m 18:55.43	1500m 19:31.77		

### GIRLS 14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt			
1.	Olivia O'Mahony	14	Cockermouth	18:36.19	556			
	50m 31.82	100m 1:06.94	150m 1:43.15	200m 2:19.78	250m 2:56.55	300m 3:33.24	350m 4:10.40	400m 4:47.68
	450m 5:25.19	500m 6:02.36	550m 6:40.15	600m 7:18.25	650m 7:56.45	700m 8:34.48	750m 9:12.20	800m 9:49.65
	850m 10:27.35	900m 11:05.03	950m 11:42.66	1000m 12:20.39	1050m 12:57.99	1100m 13:35.74	1150m 14:13.55	1200m 14:51.48
	1250m 15:29.32	1300m 16:07.20	1350m 16:44.96	1400m 17:22.66	1450m 18:00.41	1500m 18:36.19		
2.	Lea Glencross	14	Carlisle Aq	21:25.89	363			
	50m 36.51	100m 1:18.29	150m 2:02.56	200m 2:48.40	250m 3:31.54	300m 4:16.74	350m 5:00.86	400m 5:44.90
	450m 6:29.06	500m 7:12.94	550m 7:55.56	600m 8:39.86	650m 9:22.63	700m 10:05.91	750m 10:49.60	800m 11:33.36
	850m 12:16.38	900m 12:59.25	950m 13:42.02	1000m 14:25.68	1050m 15:08.37	1100m 15:51.26	1150m 16:34.60	1200m 17:18.12
	1250m 18:01.06	1300m 18:44.07	1350m 19:26.22	1400m 20:06.97	1450m 20:47.19	1500m 21:25.89		

### GIRLS 15 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt			
1.	Charlotte Grimshaw	16	Workington	18:45.30	542			
	50m 32.95	100m 1:09.71	150m 1:47.03	200m 2:25.02	250m 3:02.95	300m 3:40.98	350m 4:18.64	400m 4:56.72
	450m 5:34.79	500m 6:12.99	550m 6:51.22	600m 7:28.87	650m 8:06.98	700m 8:44.99	750m 9:22.94	800m 10:00.64
	850m 10:38.47	900m 11:15.97	950m 11:53.67	1000m 12:31.72	1050m 13:09.82	1100m 13:47.73	1150m 14:25.51	1200m 15:03.41
	1250m 15:41.45	1300m 16:18.65	1350m 16:55.77	1400m 17:33.14	1450m 18:09.92	1500m 18:45.30		
2.	Emily Sibbald	15	Workington	21:27.12	362			
	50m -	100m -	150m -	200m -	250m -	300m -	350m -	400m -
	450m -	500m -	550m -	600m -	650m -	700m -	750m -	800m -
	850m -	900m -	950m -	1000m -	1050m -	1100m -	1150m -	1200m -
	1250m -	1300m -	1350m -	1400m -	1450m -	1500m 21:27.12		

## EVENT 2 Boy/Girl 09 Yrs/Over 800m Freestyle

### BOYS 12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt			
1.	James Vaughan	12	Ather & Leig	10:13.89	376			
	50m 33.28	100m 1:10.79	150m 1:49.36	200m 2:28.47	250m 3:07.73	300m 3:46.35	350m 4:25.09	400m 5:04.39
	450m 5:43.37	500m 6:21.88	550m 7:01.92	600m 7:40.97	650m 8:19.46	700m 8:58.36	750m 9:36.91	800m 10:13.89
2.	Charlie Hall	12	Penrith	12:20.14	215			
	50m 38.14	100m 1:22.35	150m 2:09.08	200m 2:56.32	250m 3:43.19	300m 4:31.78	350m 5:19.67	400m 6:07.33
	450m 6:55.19	500m 7:43.22	550m 8:30.79	600m 9:18.49	650m 10:05.79	700m 10:52.49	750m 11:40.01	800m 12:20.14

### BOYS 13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt			
1.	Logan Ivinson	13	Cockermouth	10:26.35	354			
	50m 34.88	100m 1:13.85	150m 1:53.16	200m 2:32.86	250m 3:12.87	300m 3:52.95	350m 4:32.61	400m 5:12.30
	450m 5:52.36	500m 6:32.50	550m 7:12.48	600m 7:52.45	650m 8:31.89	700m 9:11.52	750m 9:50.13	800m 10:26.35
2.	Jamie Blackwell	13	Workington	11:58.06	235			
	50m 37.22	100m 1:21.67	150m 2:05.69	200m 2:51.04	250m 3:35.74	300m 4:22.37	350m 5:07.41	400m 5:54.34
	450m 6:40.79	500m 7:28.03	550m 8:14.57	600m 9:01.69	650m 9:46.65	700m 10:32.52	750m 11:18.68	800m 11:58.06

### BOYS 14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt			
1.	Alexander Hornby	14	Ather & Leig	9:36.15	455			
	50m 31.95	100m 1:07.43	150m 1:43.23	200m 2:19.26	250m 2:55.51	300m 3:31.80	350m 4:08.31	400m 4:44.94
	450m 5:21.64	500m 5:58.48	550m 6:34.84	600m 7:11.41	650m 7:48.20	700m 8:24.85	750m 9:01.57	800m 9:36.15
2.	Max McAllister	14	Workington	11:02.08	300			
	50m 35.78	100m 1:15.40	150m 1:56.21	200m 2:37.29	250m 3:19.19	300m 4:01.83	350m 4:43.98	400m 5:26.32
	450m 6:09.47	500m 6:52.16	550m 7:34.75	600m 8:17.36	650m 9:00.17	700m 9:42.93	750m 10:24.49	800m 11:02.08

**BOYS 15 Yrs/Over Age Group - Full Results**

Place	Name	AaD	Club	Time			FINA Pt		
1.	Ethan Allpress	16	Ulverston	9:17.77			502		
	50m 30.52	100m 1:04.48	150m 1:39.38	200m 2:14.49	250m 2:49.97	300m 3:25.29	350m 4:00.95	400m 4:36.99	
	450m 5:12.94	500m 5:48.61	550m 6:24.32	600m 7:00.10	650m 7:35.46	700m 8:10.16	750m 8:44.92	800m 9:17.77	
2.	Ian Henderson	43	Cockermouth	10:17.34			370		
	50m 31.97	100m 1:08.53	150m 1:47.08	200m 2:26.20	250m 3:05.46	300m 3:44.48	350m 4:23.67	400m 5:03.21	
	450m 5:42.86	500m 6:22.46	550m 7:01.98	600m 7:41.69	650m 8:21.24	700m 9:00.88	750m 9:39.86	800m 10:17.34	
3.	Aaron Bryson-Roberts	15	Barrow	11:04.33			297		
	50m 33.71	100m 1:13.32	150m 1:53.44	200m 2:35.17	250m 3:16.93	300m 3:59.16	350m 4:41.91	400m 5:25.09	
	450m 6:08.48	500m 6:51.90	550m 7:35.68	600m 8:18.78	650m 9:01.82	700m 9:44.85	750m 10:26.75	800m 11:04.33	

**GIRLS 11 Yrs Age Group - Full Results**

Place	Name	AaD	Club	Time			FINA Pt		
1.	Lily Bailey	11	Cockermouth	11:17.82			353		
	50m 36.46	100m 1:16.98	150m 1:59.25	200m 2:41.97	250m 3:25.38	300m 4:08.92	350m 4:51.47	400m 5:35.28	
	450m 6:19.30	500m 7:02.72	550m 7:47.22	600m 8:30.68	650m 9:13.89	700m 9:56.23	750m 10:38.46	800m 11:17.82	
2.	Ella Dixon	11	Cockermouth	13:14.49			219		
	50m 41.91	100m 1:29.19	150m 2:18.12	200m 3:07.37	250m 3:58.91	300m 4:50.25	350m 5:40.45	400m 6:32.71	
	450m 7:23.94	500m 8:16.33	550m 9:08.46	600m 9:58.55	650m 10:48.74	700m 11:39.39	750m 12:27.53	800m 13:14.49	
3.	Lily Sparshott	11	Cockermouth	13:22.18			213		
	50m 42.48	100m 1:32.22	150m 2:23.79	200m 3:16.33	250m 4:07.89	300m 4:59.76	350m 5:51.48	400m 6:43.65	
	450m 7:36.15	500m 8:27.43	550m 9:20.09	600m 10:11.68	650m 11:01.69	700m 11:51.38	750m 12:42.20	800m 13:22.18	
4.	Bella Glencross	11	Carlisle Aq	13:29.57			207		
	50m 42.28	100m 1:31.44	150m 2:23.00	200m 3:14.95	250m 4:07.68	300m 4:58.44	350m 5:50.09	400m 6:42.44	
	450m 7:33.39	500m 8:26.35	550m 9:18.87	600m 10:11.25	650m 11:03.60	700m 11:54.36	750m 12:43.31	800m 13:29.57	

**GIRLS 12 Yrs Age Group - Full Results**

Place	Name	AaD	Club	Time			FINA Pt		
1.	Maisie O'Mahony	12	Cockermouth	10:29.29			441		
	50m 34.58	100m 1:13.05	150m 1:53.00	200m 2:33.29	250m 3:13.70	300m 3:54.06	350m 4:34.20	400m 5:14.00	
	450m 5:54.82	500m 6:34.82	550m 7:15.10	600m 7:55.53	650m 8:34.65	700m 9:14.26	750m 9:53.39	800m 10:29.29	
2.	Lilly Broadfoot	12	Barrow	10:32.85			434		
	50m 35.02	100m 1:14.43	150m 1:54.61	200m 2:35.36	250m 3:16.05	300m 3:56.59	350m 4:36.87	400m 5:17.54	
	450m 5:58.45	500m 6:39.26	550m 7:20.00	600m 8:06.81	650m 8:39.46	700m 9:19.48	750m 9:56.85	800m 10:32.85	
3.	Imogen Mcallister	12	Workington	11:16.93			355		
	50m 36.20	100m 1:16.65	150m 1:59.39	200m 2:42.29	250m 3:24.84	300m 4:07.89	350m 4:50.76	400m 5:33.69	
	450m 6:17.02	500m 6:59.92	550m 7:43.16	600m 8:26.61	650m 9:09.98	700m 9:52.73	750m 10:36.64	800m 11:16.93	
4.	Naomi Elliott	12	Carnforth	11:32.30			331		
	50m 37.99	100m 1:19.77	150m 2:03.67	200m 2:47.95	250m 3:32.17	300m 4:16.34	350m 5:01.13	400m 5:45.42	
	450m 6:29.88	500m 7:13.84	550m 7:58.33	600m 8:42.59	650m 9:26.76	700m 10:10.63	750m 10:53.23	800m 11:32.30	
5.	Isabelle Sullivan	12	Barrow	11:35.31			327		
	50m 36.50	100m 1:19.12	150m 2:03.96	200m 2:48.21	250m 3:32.45	300m 4:17.02	350m 5:01.57	400m 5:46.22	
	450m 6:31.41	500m 7:16.10	550m 8:00.89	600m 8:45.06	650m 9:29.38	700m 10:13.70	750m 10:56.40	800m 11:35.31	
6.	Jessica Lister	12	Workington	11:47.43			311		
	50m 38.24	100m 1:21.42	150m 2:05.49	200m 2:50.55	250m 3:36.35	300m 4:21.92	350m 5:07.93	400m 5:53.68	
	450m 6:39.29	500m 7:24.97	550m 8:11.08	600m 8:56.39	650m 9:41.39	700m 10:26.27	750m 11:09.62	800m 11:47.43	
7.	Jessica Holiday	12	Copeland	12:55.62			236		
	50m 41.01	100m 1:28.74	150m 2:17.31	200m 3:06.89	250m 3:55.89	300m 4:46.04	350m 5:36.00	400m 6:26.55	
	450m 7:16.02	500m 8:06.57	550m 8:57.04	600m 9:46.38	650m 10:36.01	700m 11:24.22	750m 12:12.66	800m 12:55.62	

**GIRLS 13 Yrs Age Group - Full Results**

Place	Name	AaD	Club	Time			FINA Pt		
1.	Kate Roberts	13	Leyland Barr	9:58.89			512		
	50m 32.10	100m 1:08.67	150m 1:46.08	200m 2:23.89	250m 3:01.88	300m 3:40.22	350m 4:18.09	400m 4:56.36	
	450m 5:34.21	500m 6:12.29	550m 6:50.73	600m 7:29.11	650m 8:07.32	700m 8:45.62	750m 9:23.18	800m 9:58.89	
2.	Rachel Lewis	13	Cockermouth	10:27.19			446		
	50m 33.42	100m 1:10.88	150m 1:49.17	200m 2:28.71	250m 3:07.76	300m 3:47.36	350m 4:27.05	400m 5:07.04	
	450m 5:47.53	500m 6:28.14	550m 7:08.69	600m 7:48.92	650m 8:29.47	700m 9:09.66	750m 9:50.00	800m 10:27.19	
3.	Rebecca Nicols	13	Cockermouth	11:01.27			380		
	50m 36.40	100m 1:17.75	150m 1:59.99	200m 2:43.21	250m 3:25.60	300m 4:08.23	350m 4:50.06	400m 5:31.76	
	450m 6:13.71	500m 6:55.77	550m 7:37.45	600m 8:19.38	650m 9:01.09	700m 9:43.09	750m 10:24.02	800m 11:01.27	
4.	Ruby Duxbury	13	Kendal	11:55.36			300		
	50m 39.11	100m 1:22.73	150m 2:07.84	200m 2:53.16	250m 3:38.59	300m 4:23.99	350m 5:09.65	400m 5:55.57	
	450m 6:41.22	500m 7:26.98	550m 8:12.02	600m 8:57.90	650m 9:43.30	700m 10:28.21	750m 11:12.73	800m 11:55.36	
5.	Louisa Draper	13	Workington	12:05.81			288		
	50m 38.89	100m 1:23.79	150m 2:09.48	200m 2:55.65	250m 3:43.37	300m 4:30.35	350m 5:17.17	400m 6:03.04	
	450m 6:50.60	500m 7:37.13	550m 8:23.94	600m 9:10.39	650m 9:56.76	700m 10:43.03	750m 11:26.02	800m 12:05.81	
6.	Mathilda Owen	13	Copeland	12:55.86			235		
	50m 37.84	100m 1:22.25	150m 2:09.22	200m 2:56.99	250m 3:44.00	300m 4:32.42	350m 5:20.91	400m 6:10.57	
	450m 7:01.22	500m 7:52.08	550m 8:43.14	600m 9:33.86	650m 10:25.26	700m 11:17.18	750m 12:07.33	800m 12:55.86	

**GIRLS 14 Yrs Age Group - Full Results**

Place	Name	AaD	Club	Time			FINA Pt		
1.	Kayla Bales-Riley	14	Workington	11:56.56			299		
	50m 38.58	100m 1:21.74	150m 2:06.13	200m 2:51.68	250m 3:38.14	300m 4:24.54	350m 5:10.50	400m 5:57.15	
	450m 6:43.21	500m 7:29.20	550m 8:15.01	600m 9:00.37	650m 9:46.46	700m 10:31.57	750m 11:16.29	800m 11:56.56	

**GIRLS 15 Yrs/Over Age Group - Full Results**

Place	Name	AaD	Club	Time			FINA Pt		
1.	Ellie Wilson	15	Cockermouth	9:20.65			624		
	50m 31.03	100m 1:05.35	150m 1:40.33	200m 2:15.10	250m 2:49.91	300m 3:24.90	350m 4:00.65	400m 4:36.49	
	450m 5:12.03	500m 5:47.48	550m 6:23.38	600m 6:59.20	650m 7:34.72	700m 8:10.57	750m 8:46.47	800m 9:20.65	
2.	Amelia Mardel	17	Ulverston	9:49.49			537		
	50m 30.97	100m 1:05.26	150m 1:40.58	200m 2:16.32	250m 2:52.51	300m 3:29.21	350m 4:06.30	400m 4:43.54	
	450m 5:21.51	500m 5:59.85	550m 6:38.03	600m 7:16.18	650m 7:54.88	700m 8:33.82	750m 9:12.37	800m 9:49.49	
3.	Jamie-Leigh Tyson	16	Ulverston	9:52.14			530		
	50m 31.99	100m 1:07.90	150m 1:44.20	200m 2:21.09	250m 2:57.97	300m 3:35.46	350m 4:13.11	400m 4:50.98	
	450m 5:28.75	500m 6:06.85	550m 6:44.54	600m 7:22.37	650m 8:00.18	700m 8:38.01	750m 9:15.82	800m 9:52.14	
4.	Iona Robinson	15	Cockermouth	10:32.41			435		
	50m 35.64	100m 1:15.31	150m 1:55.16	200m 2:34.90	250m 3:14.53	300m 3:54.28	350m 4:34.00	400m 5:13.64	
	450m 5:54.02	500m 6:34.29	550m 7:14.55	600m 7:54.54	650m 8:34.78	700m 9:15.05	750m 9:54.88	800m 10:32.41	
5.	Aimee-Mai Lister	15	Workington	10:44.39			411		
	50m 35.05	100m 1:14.58	150m 1:54.99	200m 2:36.10	250m 3:17.18	300m 3:58.29	350m 4:39.25	400m 5:20.81	
	450m 6:02.12	500m 6:43.49	550m 7:24.23	600m 8:05.15	650m 8:46.17	700m 9:27.27	750m 10:08.31	800m 10:44.39	
6.	Emma Duxbury	15	Kendal	10:57.23			387		
	50m 34.29	100m 1:13.88	150m 1:54.88	200m 2:36.46	250m 3:18.80	300m 4:00.35	350m 4:42.01	400m 5:23.94	
	450m 6:05.97	500m 6:47.92	550m 7:30.03	600m 8:12.45	650m 8:54.61	700m 9:36.52	750m 10:17.73	800m 10:57.23	
7.	Hannah White	15	Workington	11:08.85			368		
	50m 36.43	100m 1:17.96	150m 2:00.88	200m 2:43.62	250m 3:25.87	300m 4:09.41	350m 4:50.55	400m 5:32.62	
	450m 6:15.77	500m 6:58.23	550m 7:39.94	600m 8:22.47	650m 9:05.83	700m 9:48.85	750m 10:29.42	800m 11:08.85	